



Finding the Wisdom in your Dreams with Marcia Emery, Ph.D.

Resources

Website: www.drmarciaemery.com Email: PowerHunch@aol.com

For a brief stroll in “The Field of Dreams,” see the dream chapter in each book:

- Emery, M. (2001). *PowerHunch: Living an Intuitive Life*. Hillsboro, Or: Beyond Words
Emery, M. (1999). *The Intuitive Healer*. New York: St. Martin’s Press.
Emery, M. (1994). *Dr Marcia Emery’s Intuition Workbook*. Englewood Cliffs, NJ:
Prentice Hall

Suggested Reading

- Barrett, D. (2001) *The Committee of Sleep*. NY: Crown/ Random House.
Garfield, P. (1992) *The Healing Power of Dreams*: New York: Fireside.
Hoss, R. (2005). *Dream Language*. Ashland, Or: InnerSource.
Kellogg, E. (2017) [“The Dreamatarian Diet: Working with the Healing Cauldron of Dreams.”](#) **The Lucid Dreaming Experience**, pp 6-9, Vol. 6 #1, June.
Krippner, S. (1988). *Dreamworking*. Buffalo, NY: Bearly Limited..
Segaller, S. and Berger, M. (1989). *The Wisdom of the Dream: The World of C. G. Jung*. Boston: Shambhala
Ullman, M and Krippner, S with A. Vaughan. (1973) *Dream Telepathy*. NY: Macmillan
Van de Castle, R.L. ((1994) *Our Dreaming Mind*. NY: Ballantine Books.
Vaughan, A. (1982) *The Edge of Tomorrow*. New York: Coward, McCann & GeoGhegan.
Vaughan, A. (1991) *The Power of Positive Prophecy*: London: Aquarian Press.
Waggoner, R. (2009). *Lucid Dreaming: Gateway to the Inner Self*. Needham, MA: Moment Point Press.

An Additional Thought . . .

“Nothing Important ever happened to an individual unless first previewed in a dream.” **Edgar Cayce**.

PROGRAM A PRECOGNITIVE DREAM

You can learn to program a precognitive dream by saying, “I need advice and guidance from my dreaming mind I need a dream that will answer my question (inset your question here.) My dreaming mind will show me a simple picture I can understand. Send me a symbol showing that the dream is precognitive. I will awaken with the dream picture fresh in my mind. I will remember the dream easily and record it in my notebook. The meaning of the dream will become clear to me.

Shorter version

Thank you higher power (or higher mind) for helping me fall asleep quickly, sleep through the night and awaken in the morning with my dream(s) fresh in my mind.

Links to You Tube clips from Dream Decoders, Marcia Emery

IASD Reference

Annual Conference of the IASD

July 17-21

Tucson, AZ

Many Worlds of Lucid Dreaming

Last week in October – Check out www.asdreams.org

Crystals for Dreaming -Amethyst, Ametrine, Howlite, Labradorite, Lepidolite, Blue Apatite, Bloodstone, Kyanite, Green Jade, Red Jasper, Clear Quartz, Lapis Lazuli